2016

The Caregiver Resource Center

Resource Directory

This Resource Directory is being provided courtesy of

The Caregiver Resource Center

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www.CaregiverResourceCenter.com

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This directory should not be considered complete and should not be used in the place of a call, visit, advice, or consultation with a trained professional. If you have a health or mental health related problem, EAP, Inc. /TCRC strongly suggests that you visit your health care provider, or in the event of an emergency contact your local emergency service or seek immediate care at an emergency department.

The information about providers and services contained in this resource directory does not constitute endorsement or recommendation. It is your responsibility to verify and investigate any and all providers and services. Please consult your own professional advisor for all advice concerning medical, legal or financial matters in connection with the services you need.

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Every effort has been made to make this directory as accurate as possible. Although information has been checked and researched, it is possible that some information is missing or incorrect.

Please report any errors to The Caregiver Resource Center at:

LindaZiac@CaregiverResourceCenter.com

We hope that you find this Resource Directory helpful.

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Abused Spouse Assistance Services (NY)	914 -345-5900 ext 240
Addiction and Abuse Hotline	800-777-2721
Adoption Center (National)	800-862-3678
Abused Spouse Assistance Services (MHA NY)	914-345-5900
Addiction and Abuse Hotline	800-777-2721
Adoption Center (National)	800-862-3678
Administration on Aging	202-401-4634
Administration for Community Living (Aging)	202-619-0724
Administration on Developmental Disabilities	202-690-6590 202-690-6415 TTY
Adolescent Crisis Intervention & Counseling	800-448-3000
Adolescent & Parents Suicide Hotline (National)	800-448-3000
AIDS Clinical Trials & Information Services	800-448-0440
AIDS National Hotline (CDD)	800-232-4636
AIDS & STDs Information Line	800-232-4636
Alanon and Alateen	888-425-2666
Alcohol & Drug Abuse Helpline (National)	800-662-HELP
Alcohol and Drug Information , National)	800-729-6686 English & Español
Alcohol, Tobacco, Firearms, & Explosives Bureau	800-800-3855
Alcoholics Anonymous	877-855-0075
Alliance on Mental Illness (NAMI)	800-950-6264 Helpline
ALS Association (Amyotrophic Lateral Sclerosis, Lou Gehrig's Disease)	800-782-4747
Alzheimer's Association Info Line	800-272-3900
Alzheimer's Association of CT (24 hour)	800-356-5502
American Academy of Family Physicians	800-274-2237
American Association of Homes and Services for the Aging (Leading Age)	202-783-2242
American Association of Pain Control	800-222-1222 24 hrs./7 days a week

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American Bar Association	800-285-2221
American Cancer Society	800-227-2345
American Chronic Pain Association	800-533-3231
American Council for the Blind	800-424-8666
American Counseling Association	800-347-6647
American Diabetes Association	800-342-2383
Americans with Disabilities Act Information Line	800-514-0301 800-514-0383 TTY
American Foundation for Suicide Prevention	888-333-2377
American Geriatrics Society	212-308-1414
American Heart Association	800-242-8721
American Health Care Association	202-842-4444
American Liver Foundation (NY)	212- 668-1000
American Liver Foundation	800-465-4837 Hotline
American Lung Association	800-586-4872
American Nurses Association	800-274-4262
American Osteopathic Association	800-621-1773
American Parkinson's Disease Association	800-223-2732
American Red Cross (National)	800-733-2767
American Red Cross (CT)	203-655-2586
American Running Association	800-776-2732
American Social Health Association	800-227-8922
American Society for Deaf Children	800-942-2732
American Speech-Language-Hearing Association	800-638-8255
Amtrack Trains	800-USA-RAIL
American Trauma Society	800-556-7890
Angel Flight Mid-Atlantic	800-296-3797
Angelman Syndrome Foundation	800-747-2820

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Animal Poison Control Center	888-426-4435
Anorexia and Bulimia Association (National)	847-831-3438
Aplastic Anemia	800-747-2820
Area Agencies on Aging (National)	202-872-0888
CT	
North Central	860-724-6443
Southwestern	800-994-9422
South Central	203-785-8533
Southeastern	860-887-3561
Western	203-757-5449
NY	
Dutchess County	845-486-2555
Rockland County	845-364-2110
Westchester County	914-813-6400
Armed Forces Retirement Home	800-422-9988
Arthritis Foundation	800-283-7800
Arthritis National Research Foundation	800-588-2873
Assisted Living Federation of America (ALFA)	703-894-1805
Asthma & Allergy Information Clearinghouse	800-727-8462
Attention Deficit Disorder Association	800-939-1019
Attorney Referral (American Bar Association)	800-285-2221
Autism Society of America	800-328-8476
Autoimmune Related Diseases Association	800-598-4668
Birth Defects – March of Dimes (CT)	860-812-0080
Birth Defects – March of Dimes (NY)	212-353-8353
Brain Injury Information Center	800-444-6443
Brain Tumor Society (National)	800-770-8287

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Breast Cancer Y-ME National Organization	800-221-2141	English
Breast Cancer Y-ME National Organization	800-986-9505	Español
Bus Info (Fairfield County CT)	203-852-0000	
Bus Info – Bee Line (Westchester NY)	914-813-7777	
The Caregiver Resource Center (case management)	203-861-9833	
Cancer Hope Network	800-552-4366	
Caregiving Foundation (National)	800-930-1357	
Centers for Disease Control and Prevention	800-232-4636 888-232-6348	24 hrs./7 days a week TTY
Centers for Medicare and Medicaid Services	800-633-4227	
Center for Missing & Exploited Children	800-843-5678	
Central Intelligence Agency (CIA)	703-482-0623	
Cerebral Palsy	800-872-5827	
Child Abuse & Neglect Hotline (CT)	800- 842-2288	
Child Help Abuse Hotline (National)	800-4-A-CHILD	
Child Abuse Hotline (NY State)	800-342-3720	
Child Abuse & Family Violence Council	800-799-7233	
Child – At – Risk Hotline (MA)	800-792-5200	
Child Find of America, Inc.	800-426-5678 800-292-9688	 Parental abduction
Child Health Insurance (State of CT-Husky Infoline)	877-284-8759	
Child Help USA Hotline	800-422-4453	24 hrs/7 days
Child Protective Services (State of CT)	800-842-2288	
Child Protective Services (CT – hearing impaired)	800-624-5518	TTY
Child Pornography Tipline (Exploited Children)	800-843-5678	
Children and Adults with Attention Deficit/ Hyperactivity Disorders	800-233-4050	English/Español
Children of Aging Parents	800-227-7294	
Children's Brain Tumor Foundation	866-228-4673	

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Christopher and Dana Reeve Foundation Paralysis and Spinal Cord Injury	800-225-0292
Chronic Fatigue Assoc. of America	704-365-2343
CIA	703-482-0623
Civil Rights	800-368-1019
Cleft Palate Foundation	800-242-5338
Cocaine Anonymous	800-347-8998
Cocaine Hotline	800-262-2463
The Connecticut Hospice	203-315-7500
Consumer Affairs – Mental Health Association (CT)	800-921-0359
Consumer Credit Counseling Agency (CT - DOL)	860-263-6000
Consumer Complaint Helpline (CT Attorney General)	860-808-5318
Consumer Helpline (NY Attorney General)	800-771-7755
Cooley's Anemia Foundation (Thalassemia)	800-522-7222
Cornelia de Lange Syndrome	860-676-8166
Crime Prevention Council (National)	202-466-6272
Crime Stoppers (National)	800-222-TIPS
Crime Victim Hotline (NJ)	800-242-0804
Crime Victims Resource Center	800-851-3420
Crisis Helpline (Info-line)	800-203-1234 or 211
Crisis Team (Westchester NY)	914-493-7075
Crohn's & Colitis Foundation	800-932-2423
Cystic Fibrosis Foundation	800-344-4823
Connecticut Association of Adult Day Centers	860-828-8653
CT Association of Not-for-profit Providers For the Aging (CANPFA)	860-525-5080
DHHS Inspector General's Fraud Hotline	800-447-8477
Deaf/Blind - Helen Keller National Center	516- 944-8900

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Dental Association, American	312-440-2500
Department of Social Services (State of CT)	800-842-1508
Department of Social Services (Mount Vernon, NY)	914-813-6000
Department of Social Services (Yonkers, NY)	914-231-2000
Department of Social Services (Peekskill, NY)	914-862-5000
Department of Social Services (White Plains, NY)	914-995-3333
Department of Social Services (State of CT)	800-842-4524
Depressive & Manic Depressive Association	800-826-3632
Dyslexia Association (International)	800-222-3123
Diabetes Association	800-232-3472
Disabilities, Office of (State of CT)	800-842-7303
Disabilities, Office of (State of NY)	914-995-2957
DWI Offender Program (State of CT) [Forensics]	860-262-6104
Divorce Support Group	
Stanwich Church (Greenwich CT)	203-661-4420
Jewish Family Services (Greenwich CT)	203-622-1881
Greenwich YWCA	203-869-6501
Domestic Abuse – My Sister's Place (NY)	800 298-SAFE
Domestic Violence Hotline (National)	800-799-7233 800-787-3224 TTY
Domestic Violence Statewide Hotline (CT)	888-774-2900
Domestic Violence Hotline – (Greenwich, CT)	203-622-0003
Domestic Violence Hotline – (Stamford, CT)	203-588-9100
Domestic Violence Hotline – (Norwalk, CT)	203-853-0418
Downs Syndrome Hotline	212-460-9330
Drug Abuse Helpline (National)	800-662-4357

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Drug Abuse Helpline (New York State)	877-8-HOPENY	
Dwarfism - Human Growth Foundation	800-451-6434	
Dyslexia Association	800-222-3123	
Easter Seals	800-221-6827	
Eating Disorders Association, National	800-931-2237	Helpline
Elder Abuse Reporting (CT)	888-385-4225	
Elder Abuse Reporting (NY)	800-342-3009	press option 6
Elder Info Line National Hotline	866-847-4418	
Eldercare Locator	800-677-1116	
Emergency Management & Homeland Security (CT)	860-256-0800	
Emergency Shelter Info (CT)	800-203-1234	
Endometriosis Association	800-992-ENDO	
Energy Assistance Program (State of CT - DSS)	800-842-1508	
Epilepsy Foundation	800-332-1000	
Equal Employment Opportunity Commission	800-669-4000	
Equifax (Credit Bureau)	800-685-1111	
Essential Tremor Foundation (International)	888-387-3667	
FACES: The National Craniofacial Association	800-332-2373	
Families of Spinal Muscular Atrophy	800-886-1762	
Family Abuse Crisis Center (Fairfield County, CT)	888-774-2900	
Family Abuse Services (Westchester NY)	914-345-9111	
Families Together in NYS (mental health issues)	888-326-8644	
Family Violence Hotline – (Greenwich, CT)	203-622-0003	
Family Violence Hotline – (Stamford, CT)	203-588-9100	
Family Violence & Child Abuse Council	800-799-7233	
Family Violence Center (National)	888-774-2900	24 hrs/7 days or Call 911
Family Helpline (Westchester NY)	914-995-5972	

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Family Violence Hotline – NY State (English)	800-942-6906
Family Violence Hotline – NY State (Spanish)	800-942-6908
FBI (CT)	203-777-6311
FBI Office (NY)	212-384-1000
Federal Citizen Information Center	888-878-3256
Federal Information Center (Federal Government)	800-FED-INFO
Federal Trade Commission	877-382-4357
Fibromyalgia Network	800-853-2929
Fibromyalgia Syndrome	520-733-1570
First Candle/SIDS Alliance	800-221-7437
Food Allergy Research and Education	860-929-4040
Food Safety (FDA)	800-332-4010
Fraud Information Center (National)	202-835-3323
Friends of Battered Women & Their Children	800-603-HELP
Gambling Hotline	800-552-4700
Gay and Lesbian Crisis Line (National Safeline)	888-843-4564
Gay and Lesbian Teen Help	800-621-4000
Gay, Lesbian, Bisexual, and Transgender Helpline	888-340-4528
Gay, Lesbian, Bisexual, and Transgender Hotline	888-843-4564
Genetic and Rare Diseases Information Center	888-205-2311 888-205-3223 TTY
Gerontological Society of America	202-842-1275
Girls and Boys Town Hotline	800-448-3000 800-448-1833 TDD
Glaucoma Research Foundation	800-826-6693
Grief Recovery Helpline	818-907-9600
Guide Dog Foundation for the Blind, Inc.	800-548-4337
Guide Dogs for the Blind	800-295-4050
Gulf War Veterans	800-827-1000

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Head Injury Foundation	800-444-NHIF
Headache Foundation	800-843-2256
HealthCare.gov – Health Insurance Marketplace	800-318-2596 855-889-4325 TTY
Health Information Center (National)	800-336-4797
Hearing (Speech-Language- Hearing Association)	800-638-8255
Heart Association	800-242-8721
Hereditary Disease Foundation	212-928-2121
Hepatitis Foundation International	800-891-0707
Herpes Resource Center	919-361-8488
Hispanic Health (National Alliance)	866-783-2645
Hill-Burton Hotline (Free Care Program, Titles VI & XVI)	888-275-4772
Hill-Burton Medical Care Program	800-638-0742
Home Health Hotline	800-628-5972
HOPEline (Substance Abuse Assistance) NY	877-8-HOPENY
Hospice Foundation of America	800-854-3402
Hospice International (Children)	866-374-2472
Huntington's Disease	800-345-4372
Immune Deficiency Foundation	800-296-4433
Information (Westchester County Executive Offices)	914-995-2900
Information Center (National)	888-878-3256
Institutional Abuse - Mentally Disabled (NY State)	800-624-4143
International Rett Syndrome Association	800-818-7388
IRS - Internal Revenue Service	800-829-1040
Juvenile Diabetes Research Foundation	800-533-2873
Kidney Foundation	800-622-9010
La Leche League International	800-525-3243
Leukemia & Lymphoma Society	800-955-4572

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Lead Poisoning Prevention (State of CT)	860-240-0290	
Lighthouse Guild International	800-829-0500	
Limb Loss Information Center	888-267-5669	
Literacy Directory (National)	877-389-6874	
Liver Foundation	800-465-4837	
Living Bank (Organ Donation)	800-528-2971	
Lung Association	800-586-4872	
Medicaid Fraud Control Unit (CT) [Elder Services]	860-258-5986	
Medicaid Fraud Control Unit (NY)	212-417-5397	
Medicare Issues Hotline	800-633-4227 877-486-2048	TTY
Lupus Foundation of America	800-558-0121 800-558-0231	Español
Mental Health America	800-969-6642	
Mental Health Association of Connecticut	860-529-1970	
Mental Health and Addiction Services (CT)	860-418-7000	
Mental Health Services (NJ Mental Health Cares)	866-202-4357	
Mental Health Department (Orange County NY)	800-832-1200	24 hrs./7 days a week
Mental Health Department (Putnam County NY)	845- 808-1500	
Mental Health Department (Rockland County NY)	845-267-2172	
Mental Health Department (Westchester)	914-995-5237	
Mental Health America (National)	800-969-6642	
Mental Health/Suicide Crisis Hotline (CT)	203-358-8500	24 hrs/7 days or call 911
Minority Health Resource Center	800-444-6472	
Missing & Exploited Children	800-843-5678	
Mobile Crisis Team (Westchester NY)	914-925-5959	
Mobile Psychiatric Services (DuBois Center)	800-586-9903	M-F 8am-6pm or call 911
Multiple Sclerosis Association of America	800-532-7667	

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Multiple Sclerosis Foundation	888-673-6287
Muscular Dystrophy Association (MDA)	800-572-1717
Myasthenia Gravis Foundation	800-541-5454
My Sister's Place - Domestic Violence (NY)	800 298-SAFE
Nar-Anon (CT) [Info-line]	800-203-1234 or 211
Narcotics Anonymous (CT)	800-627-3543
Narcotics Anonymous Helpline (NY)	212-929-6262
National Abortion Federation	800-772-9100
National Academy of Elder Law Attorneys, Inc.	520-881-4005
National Adult Day Services Association	877-745-1440
National Alcohol and Drug Information	800-729-6686
National Alcohol and Drug Information	800-729-6686 English & Español
National Alliance on Mental Illness (NAMI)	800-950-6264 Helpline
National Association for Home Care & Hospice	202-547-7424
National Association of Professionals	520-881-8008
National Association of Senior Move Managers	877-606-2766
National Center for Chronic Disease Prevention	800-232-4636 888-232-6348 (TTY)
National Center for Lesbian Rights	800-528-6257 Legal Information Line
National Center for Missing Exploited Children	800- 843-5678 800-826-7653 TTY
National Center for Stuttering	800-221-2483
National Council on Aging	800-424-9046
National Council Alcoholism & Drug Dependence	800-622-2255
National Council on Problem Gambling	800-522-4700
National Digestive Diseases Info Clearinghouse	800-891-5389 866-569-1162 TTY
National Domestic Violence Hotline	800-799-7233 800-787-3224 TTY
National Down Syndrome Congress	800-232-6372

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National Down Syndrome Society Hotline	800-221-4602	
National Eating Disorders Association	800-931-2237	Helpline
National Endocrine and Metabolic Diseases	888-828-0904	
National Fibromyalgia Partnership	866-725-4404	
National Geriatric Care Managers	520-881-8008	
National Health Information Center	800-336-4797	
National Hemophilia Foundation	800-424-2634 866-569-1162	 TTY
National Hispanic Council on Aging	202-347-9733	
National Injury Information Clearinghouse	800-638-2772	Consumer Hotline
National Institute on Aging Information Center	800-222-2225	
National Institute of Allergy & Infectious Diseases	866-284-4107 800-877-8339	 TDD
National Institute Neurological Disorders & Stroke	800-352-9424	
National Library Service for the Blind and Physically Handicapped	800-424-8567	
National Life Center/Pregnancy Hotline	800-848-5683	
National Multiple Sclerosis Society	800-344-4867	
National Oral Health Information Clearinghouse	866-232-4528	
National Organization for Victim Assistance	800-879-6682	
National Parkinson Foundation, Inc.	800-473-4636	
National Patient Travel Helpline	800-296-1217	
National Prenatal Helpline	800-311-2229 800-504-7081	 Español
National Program for Playground Safety	800-554-7529	
National Rehabilitation Information Center	800-346-2742	
National Runaway Switchboard	800-86-2929 800-621-0394	 TDD
National Stroke Association	800-787-6537	
National Suicide Hotline	800-273-8255	

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National Veterans Services Fund, Inc.	800-521-0198
New Jersey Addiction Services	844-276-2777
NY Terrorism Hotline	866-SAFENYS
Nursing Home Reform, National Citizens Coalition	202-332-2275
OCD Foundation	617-973-5801
Office of Minority Health Resource Center	800-444-6472
Office on Smoking and Health, CDC	800-784-8669 QUIT NOW 888-232-6348 TTY
Organ Donation -Living Bank	800-528-2971
Osteoporosis Foundation (National)	202-223-2226 800-231-4222
Ovarian Cancer National Alliance	202-331-1332
Panic Disorder Helpline (Mental Health Assoc.)	703- 524-7600
Paralysis and Spinal Cord Injury Christopher and Dana Reeve Foundation	800-225-0292
Paralyzed Veterans Association	800-424-8200 800-795-4327 TTY
Parents Anonymous	909-621-6184
Parent Helpline (All of NY State)	800-342-7472 24 hrs /English & Español
Parent to Parent -NY (children with special needs)	800-305-8817
Parent Support (Info-Line)	800-203-1234 or 211
Parkinson Foundation National	800-473-4636
Parkinson's Disease Foundation	800-457-6676
Parkinson Disease – American Association	800-223-2732
Partnership for Prescription Assistance	888-477-2669
PFFLG - Parents/Families of Lesbians & Gays	202-467-8180
Planned Parenthood (National)	800-230-PLAN
Planned Parenthood (Stamford CT)	203-327-2722
Playground Safety - National Program	800-554-7529

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Pornography Tipline (Missing & Exploited Children)	800-843-5678	
Poison Control Centers	800-362-9922	
Poison Help Hotline (UCONN)	800-222-1222	
Prader-Willi Syndrome Association	800-926-4797	
Pregnancy Crisis Counseling - Adoption Services	800-441-2670	
Pregnancy Hotline - National Life Center	800-848-5683	
Pregnancy Information (NY)	800-522-5006	
Problem Gambling - National Council	800-522-4700	
Prostate Information Line (American Medical Systems)	800-543-9632	
Prostatitis Foundation	888-891-4200	
Protection and Advocacy for Persons with Disabilities (State of CT)	860-297-4300	
Psoriasis Foundation	800-723-9166	
Public Health Line (Westchester NY)	914-813-5000	
Rape, Abuse, & Incest National Network	800-656-4673	
Rape Crisis Hotline (CT)	888-999-5545	24 hrs./7 days a week
Rape Crisis Helpline (National)	914-345-9111	
Rare Disorders	800-999-6673	
Red Cross	800-733-2767 800-257-7575	 Español
Rehabilitation Information Center (National)	800-346-2742	
Restless Legs Syndrome Foundation	877-463-6757	
Rett Syndrome Association (International)	800-818-7388	
Reye's Syndrome Foundation (National)	800-233-7393	M-F 9-5
Runaway Switchboard (National)	800-621-4000	
SAFE (Self-Abuse Finally Ends)	800-366-8288	
Scleroderma Foundation	800-722-4673	
Scoliosis Foundation	800-673-6922	

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Self-Injury Hotline	800-DONT-CUT
Senior Helpline (CT) (Info-Line)	800-203-1234 or 211
Senior Citizen Hotline (NY State)	800-342-9871
Sexual Assault Hotline	800-656-HOPE
Sexual Assault Hotline (CT)	888-999-5545 24 hrs./7 days a week
Sexually Transmitted Diseases (STDs)	800-227-8922
Shriner's Hospital (Children's Patient Referral)	800-237-5055
Sickle Cell Disease	800-421-8453
SIDS Alliance - First Candle	800-221-7437
Simon Foundation for Continence	800-237-4666
Sjogren's Syndrome	800-475-6473
Skin Cancer Foundation	800-SKIN-490
Smoking Quitline of the National Cancer Institute	877-448-784) 800-332-8615 TTY
Smoking, Tobacco and Health Information Line	800-232-4636 Recording
Social Security Administration	800-772-1213
Special Needs - Yale Center for Special Needs	888-842-1937
Speech-Language-Hearing Association	800-638-8255
Spina Bifida Associations of America	800-621-3141
Spinal Cord Injury Association	800-962-9629
STOP-DWI (NY)	914-995-4115
Stroke Association	800-787-6537
Students Against Driving Drunk (SADD)	877-SADD-INC
Stuttering, National Center for	800-221-2483
Substance Abuse Treatment Hotline (HHS)	800-662-4357
Sudden Infant Death Syndrome	888-8CJ-SIDS
Suicide Crisis Hotline (Fairfield County, CT)	203-358-8500
Suicide/Crisis Hotline (NY)	914-347-6400

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Suicide Hotline (National)	800-784-2433	24 hrs./7 days a week
Suicide Hotline (National - Veterans)	800-273-8255	Press 1
Suicide Hotline (National - Spanish)	800-273-8255	Press 2
Suicide Hotline for Gay Teens (National)	866-488-7386	24 hrs./7 days a week
Survivors of Sexual Assault	800-656-HOPE	
Syringomyelia Hotline	800-ASAP-282	
Teen AIDS National Hotline (CDD)	800-232-4636	
Teen Gay, Lesbian, Bisexual, & Transgender	888-843-4564	
Teen Pregnancy Hotline	800-522-5006	
Teen Runaway Hotline	800-RUN-AWAY	
Teen Helpline	800-448-3000	
Thyroid Association, American	703-998-8890	
Tourette Association of America	888-486-8738	
Train Info (Metro North)	800-METRO-INFO	
Trauma Society, American	800-556-7890	
Travelers International Health Advisory (HHS)	800-CDC INFO	
United Way Info-Line	800-203-1234 or 211	
Vehicle Safety Hotline	888-327-4236	
Vestibular Disorders Association	800-837-8428	
Victim Advocate, Office of (CT)	888-771-3126	
Victim Assistance, National Organization for	800-879-6682	
Victim Center Info-link	855-4-VICTIM	M-F 8:30a-5:30p
Victims of Crime Helpline (Nationwide)	855-484-2846	
Well Spouse Association	800-838-0879	
Westchester Self-Help Clearinghouse	914-761-0600 ext. 308	
YMCA of the USA	800-872-9622	
Youth in Crisis (Mental Health Association)	860- 529-1970	

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State of CT Programs

Information, After Hours, Emergencies	860-509-8000
Adoption Program (adoption decrees)	860-509-7956
Affirmative Action	860-509-7267
AIDS and Chronic Diseases	860-509-7801
AIDS Health Care and Support Services	860-509-7806
Asbestos	860-509-7367
Asthma	860-509-7751
Child Day Care Licensing	860-509-8045
Children & Youth with Special Health Care Needs	860-509-8074
Chronic Disease	860-509-8211
Commissioner's Office	860-509-7101
Community Health Center	860-509-8074
Communications	860-509-7270
Comprehensive Cancer	860-509-7804
Contracts and Grants Management	860-509-7704
Drinking Water	860-509-7333
Emergency Medical Services	860-509-7975
Environmental & Occupational Health Assessment	860-509-7740
Environmental Engineering/Sewage	860-509-7296
Environmental Laboratory Certification	860-509-7389
Environmental Practitioner Licensure	860-509-7559
Epidemiology and Emerging Infections	860-509-7994
Facility Licensing & Investigations	860-509-7407
Building Fire and Safety	860-509-7500
Certification Processing	860-509-7300

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State of CT Programs (continued)

Facility Licensing & Investigations	860-509-7407
Clinical Laboratories	860-509-7400
General Information Complaints, Inspections, & Nurse Aide Training	860-509-7400
Healthcare Facilities/Organizations	860-509-7400
Healthcare Facility Licensing Processing	860-509-7444
Home Health Hotline	800-828-9769
Food Protection	860-509-7297
Government Relations	860-509-7269
Health Care Access, Office of	860-418-7001
Health Care Associated Infections	860-509-7995
Health Care Quality Statistics and Reporting	860-509-7658
HIV Prevention	860-509-7807
HIV Surveillance/Hepatitis	860-509-7900
Human Resources	860-509-7177
Immunizations	860-509-7929
Infectious Diseases	860-509-7995
Informatics	860-509-7186
Information Technology (IT) Help Desk	860-509-7777
Injury Prevention	860-509-7805
Laboratory	860-920-6500
Lead	860-509-7299
Legal Office	860-509-7600
Local Health Administration	860-509-7660
Maternal and Child Health	860-509-8074
Multicultural Health	860-509-7140

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Newborn Hearing Screening	860-509-8074
Nutrition	860-509-7803
Obesity	860-509-8251
Oral Health	860-509-7382
Paternity Program	860-509-7958
Practitioner Licensing and Investigations	860-509-7590
Practitioner Investigations Unit	860-509-7552
Toll-Free Complaint Hotline	860-842-0038
Practitioner Licensing Unit	860-509-7603
Public Health Preparedness	860-509-8282
Private Well Water	860-509-7296
Public Health Hearing Office	860-509-7648
Appeals of Local Health Orders	860-509-7648
Purchasing	860-509-7247
Radon	860-509-7367
Recreation	860-509-7296
Research and Development	860-509-7104
School & Adolescent Health	860-509-8074
Sexually Transmitted Diseases	860-509-7920
Tobacco	860-509-8251
Tuberculosis and Refugee Health	860-509-7722
Tumor Registry	860-509-7163
Vital Records	
Information/Customer Service	860-509-7700
Women, Infants and Children (WIC)	860-509-8084
Youth Camp Licensing	860-509-8045

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State of New York (NYS) – Departments

Child Abuse Hotline	800-342-3720
Adult Protective Services	844-697-3505
Aging - Senior Citizens Hotline	800-342-9871
Attorney General's Office:	
General Helpline:	800-771-7755
Health Care Hotline:	800-428-9071
Medicaid Fraud Control Unit	212-417-5397
For the Hearing Impaired	800-788-9898 TTY
Banking Department	877-BANK-NYS
Bureau of Chronic Disease Services	518-474-0512
Children & Family Services	518-473-7793
Dept of Health – Growing Up Healthy	800-522-5006
Domestic Violence	800-942-6906 800-655-1789 TTY
Health Insurance Programs	518-408-1495
Long Term Care	518-474-0662
HIV Counseling Hotline (NY)	800-872-2777
Home Health Care	800-628-5972
Hospice	800-628-5972
Insurance Department – Consumer Services	800-342-3736
Medicaid Inspector General	518-473-3782
Medicaid Managed Care	
New York City	800-505-5678
Nassau County	888-562-9092
Suffolk County	888-566-9799
Minority Health	518-474-2180

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State of New York (NYS) – Departments

Nursing Home Patient Care Complaints	888-201-4563
Occupational Health & Safety	518-474-8130
Office for the Aging	518-474-4425
Partnership for Long-Term Care	888-NYS-PLTC
Professional Medical Conduct Unit	800-663-6114
Public Health Duty Officer Helpline	866-881-2809
Smokers Quit Line	866-NY QUITS
Veterans Affairs	518-474-6114
Victim Information and Notification	888-846-3469

Social Security Administration

General Information and Services	800 772-1213	7 am - 7 pm
General Information and Services TTY	800 325-0778	7 am - 7 pm
Bridgeport 3885 Main St, 3rd Flr	866-331-6399	Mon-Fri 9am-4pm
Stamford 2 Landmark Sq, Ste 105	866-770-1881	Mon-Fri 9am-4pm

US Government Agencies

Administration on Aging	202-619-0724
Armed Forces Retirement Home	800-422-9988
Bureau of Alcohol, Tobacco, Firearms	
Arson Hotline	888-283-3473
Bomb Hotline	888-283-2662
Report Illegal Firearms Activity	800-283-4867
Firearms Theft Hotline	888-930-9275
Centers for Disease Control (CDC)	800-232-4636

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US Government Agencies (continued)

Central Intelligence Agency (CIA)	703-482-0623
Citizenship and Immigration Services	800-375-5283 800-767-1833 TTY
Commission on Civil Rights	800-552-6843 Complaint Referrals 202-376-8116 TTY
Congress	800-333-4636
Customs and Border Protection	877-227-5511 866-880-6582 TTY
Department of Commerce	202-482-2000
Department of Defense	703-571-3343
Department of Education	800-872-5327 800-437-0833 TTY
Department of Energy	202-586-5000 800-877-8339 TTY
Department of Health and Human Services	877-696-6775
Department of Homeland Security	202-282-8000
Department of Housing and Urban Development	202-708-1112 202-708-1455 TTY
Department of the Interior	202-208-3100
Department of Justice	
Main Switchboard	202-514-2000
Office of the Attorney General	202-353-1555
Passport Information	877-487-2778
Visa Information	603-334-0700
Department of Labor	866-487-2365 877-889-5627 TTY
Department of State	202-647-4000 800-877-8339 TTY
Department of Transportation	855-368-4200 800-877-8339 TTY

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US Government Agencies (continued)

Department of Veterans Affairs (VA)	800-827-1000 800-829-4833 TTY
Equal Employment Opportunity Commission	800-669-4000 202-663-4494 TTY
Federal Aviation Administration (FAA)	866-835-5322
Federal Bureau of Investigation (FBI)	800-225-5324
Federal Bureau of Prisons	202-307-3198
Federal Citizen Information Center	844-872-4681
Federal Emergency Management Agency	800-621-3362 800-462-7585 TTY
Federal Information Hotline	800-333-4636
Federal Trade Commission	877-382-4357 866-653-4261 TTY
Federal Transit Administration	866-377-8642 800-877-8339
Food and Drug Administration (FDA)	888-463-6332
Home Land Security	
Operator Number	202-282-8000
Comment Line	202-282-8495
House of Representatives	202-224-3121 202-225-1904 TTY
Indian Health Service	301-443-3593
Internal Revenue Service	800-829-1040 800-829-4059 TTY
Library of Congress	202-707-5000 202-707-8000 Visitor Information
Marshals Service	202-307-9100
Medicare Fraud Hotline	800-447-8477
National Aeronautics and Space Administration	202-358-0000

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US Government Agencies (continued)

National Guard	703-607-2584
Army National Guard Recruiting	800-464-8273
Air National Guard Recruiting	800-864-6264
National Health Information Center	240-453-8280
National Highway Traffic Safety Administration	888-327-4236 800-424-9153 TTY
National Institute of Mental Health	866-615-6464 301-443-8431 TTY
National Institute Occupational Safety & Health	800-232-4636 888-232-6348 TTY
National Institutes of Health	301-496-4000 301-402-9612
National Park Service	202-208-3818
National Passport Information Center	877-487-2778 888-874-7793 TTY
National Railroad Passenger Corp (AMTRAK)	800-872-724 800-523-6590 TTY
National Security Agency (NSA)	301-688-6524
National Security Council	202-456-1111 202-456-6213 TTY
National Transportation Safety Board	202-314-6000
Peace Corps	855-855-1961
Postal Service (USPS)	800-275-8777 877-889-2457 TTY
Prisoner of War/Missing Personnel Office	703-699-1420
Railroad Retirement Board	877-772-5772 312-751-4701 TTY
Secret Service	202-406-5708
Social Security Administration	800-772-1213 800-325-0778 TTY

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US Government Agencies (continued)

Substance Abuse & Mental Health Services	877-726-4727
24 Hour Helpline	800-662-4357
TRICARE Management	877-874-2273
Treasury Department	202-622-2000
U.S. Consumer Product Safety Hotline	800-638-2772 301-595-7054 TTY
U.S. Department of Veterans Affairs	800-827-1000
U.S. House of Representatives	202-224-3121
US Senate	202-224-3121 202-225-1904 TTY
The White House Switchboard	202-456-1414

U.S. Department of Veterans Affairs

Benefits Information and Claims Assistance	800-827-1000
Education (GI) Benefits	888-442-4551
Health Care Benefits	877-222-8387
Income Verification and Means Testing	800-929-8387
Information and Claims	800 829-4833 TTY
Life Insurance	800-669-8477
Mammography Helpline	888-492-7844
Special Issues – Gulf War/Agent Orange/Project Shad/Mustard Agents and Lewisite/Ionizing Radiation	800-749-8387
Status of Headstones and Markers	800-697-6947
Telecommunications Device for the Deaf	800-829-4833 TDD
Veterans Crisis Line	800-273-8255
Combat Call Center	877-927-8387
Veterans Special Issue Helpline Agent Orange/Persian Gulf War)	800-749-8387

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The Caregiver Resource Center

The Caregiver Resource Center offers a spectrum of board certified case management and advocacy services for both health and mental health issues; with flexible options to help plan for a client's current and evolving needs.

Our mission is to assist seniors, people with special needs, and their families in understanding care issues, facilitating open communication; and providing information, support and guidance through the care process.

Our services strive to plan for and implement ways to allow for the client's greatest degree of health, safety, independence, and quality of life.

Some Benefits of Our Services

- Well respected company serving the community since 1990
- Assistance for seniors, people with special needs, and families; who are dealing with health and/or mental health challenges
- All services are individually designed to meet the unique needs of the client and their family
- We are available 7 days a week by appointment, and 24/7 for emergencies
- Our services are provided onsite in the home, doctor's office, ER, hospital, rehab facility, assisted living facility, hospice, and nursing home.
- Professional Support & Guidance

For information on our services visit us at - www.CaregiverResourceCenter.com

Linda Ziac, LPC LADC, BCPC, CEAP, CCM, CDP – President

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