



## The Caregiver Resource Center



Concierge Case Management & Advocacy

## When Your Home Poses a Risk



Most people envision themselves living safely and independently at home for their entire lives. The thought of the “what ifs” never cross their mind.

### Is this realistic or even safe?

Would it surprise you to know that people spend more time scheduling a vacation, than they do thinking about and planning for their aging.

According to an AARP study, 83% of older Americans want to remain independent and age in place in their current home.

What most people don't take into account is that as we age, our needs change, and with change comes a multitude of challenges.

### DID YOU KNOW?

- Every “18 seconds” a senior has a fall related ER visit, with most falls occurring in or around the

July 2016



Don't Become a  
Statistic

Are you one of the 78% of Americans who are unprepared should a medical emergency strike?

According to the File of Life.org

- 116 million Americans are involved in an accident each year
- 50% of people suffer with chronic illnesses such as high blood pressure, diabetes or asthma
- 58% of all 911 calls involve a senior

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home.

- Falls are the leading cause of injury related death for seniors 65+ and are responsible for 70% of accidental deaths for seniors 75+.
- Accidental injuries in the home are responsible for three times more deaths for older people, than for the younger population.
- 58% of all 911 calls involve a senior

*Source: Centers for Disease Control*

### IS YOUR HOME SAFE?

According to the U.S. Consumer Products Safety Commission, more than 600,000 older Americans are treated each year in the ER, as a result of injuries sustained in their home.



### Don't wait for a crisis - take a proactive approach.

Would you be surprised to know that 50% of all home accidents can be prevented through the implementation of 3 simple steps?

1. Home safety audit
2. Home repair of identified issues
3. Home modification as a person's abilities and needs change

[Visit Our Website](#)

[Certified Case Managers](#)

[Concierge Case Management & Advocacy Brochure](#)

[An Action Plan for Successful Aging Brochure](#)

### Benefits of Our Services

- Well respected company serving the community since 1990
- All services are individually designed to meet your unique needs
- We are available 7 days a week by appointment and 24/7 for emergencies
- Professional support & guidance
- Our services are provided on-site in the home, ER, hospital, short term rehab, assisted living, and nursing home

### Menu of Our Services \*

- Advocacy
- Home Safety Audit
- Emergency Medical Advocacy while in the ER and hospital



### Some potential concerns in the home

- Inadequate lighting
- Carpets or floor coverings that are torn or in poor condition
- Rugs that slip
- Furniture or clutter obstructing walkways
- Cabinets or shelves which are too high to safely reach
- Unstable chairs or tables
- Electrical or computer cords lying across the floor
- Unsafe electrical appliances
- Bathtubs or showers without access to grab bars
- Soap and shampoo that aren't easily accessible in the bath
- Glass shower doors that are not made of safety glass
- Toilet seats that are positioned too low
- Sloping, slippery, obstructed or uneven walkways



### HOME SAFETY AUDIT

As a Board Certified Case Manager, one of Linda

- Screening, arranging for and monitoring Care Services
- Crisis Management
- Family Support & Counseling
- Insurance Claims Research & Assistance
- Research of Community Resources
- Referrals to Specialists (e.g. medical, legal, or financial professionals)
- Family Discussions and Issue Mediation
- Transitioning to an alternative living option (e.g. home to assisted living)

\* Fee for service

### Connect With Us



Read Our  
BLOG

Ziac's roles in supporting Successful Aging, is to conduct home safety audits.

### **Components of a Home Safety Audit**

1. Meet with the home owners to discuss current areas of concern, challenges that the home owners may be experiencing, as well as the clients' potential evolving needs.
2. Conduct an in-depth tour of the home, in order to identify areas in need of repair, areas that may pose a risk to the home owners, potential areas of concern, as well as areas which may pose a challenge over time as the owners age.
3. Create a written Home Safety Audit Report for the home owners, broken down by each area of the home and outside property, outlining potential areas of concern and why; as well as identifying potential assistive devices and/or modifications that may improve the owners' quality of life.
4. Meet with the home owners to review the Home Safety Audit Report, and discuss a viable action plan moving forward.

### **A SUCCESSFUL AGING ACTION PLAN**

"Aging in Place is the ability to live in one's own home and community safely, independently, and comfortably regardless of age, income, or ability level."

Source: CDC

Successful aging extends beyond physical health; incorporating cognitive function, social support, and satisfying life experiences.



### **Maintaining Independence While Being Pro-Active**

No one looks forward to an unexpected personal or medical situation that catches you off guard; which can be overwhelming, costly, time consuming, and complex.

The time to plan for your aging is now, while you are still healthy, active and able to make decisions on your own.

A personalized “Successful Action Plan”, can help prevent unexpected events from turning into a crisis, which have the potential to negatively impact on your health, safety, independence, and quality of life.

**Don't Wait for a Crisis Plan Now For Your Future**



One thing we can all be sure of is we're aging, and with aging comes challenges.

- Not all problems occur as a crisis, but evolve in a series of warning signs spanning weeks, months, or even years.
- While most seniors are healthy and function at a high level, it's inevitable that as we age, issues will surface related to our independence.

[An Action Plan for Successful Aging Brochure](#)

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