Plan Now For Your Future

One thing we can all be sure of is we're aging, and with aging comes challenges.

Not all problems occur as a crisis, but evolve in a series of warning signs spanning weeks, months, or even years.

We All Can Benefit from an Advocate

Are you one of the 78% of people who are unprepared should a medical issue strike?

- 116 million people are involved in an accident each year
- 50% of people suffer with chronic illnesses such as high blood pressure, or diabetes
- 58% of all 911 calls involve a senior



The Caregiver Resource Center Greenwich, CT 203-861-9833

"Helping Seniors, People with Special Needs & Their Families"



Typical Calls We Receive

- Woman seeks an advocate prior to surgery
- Son questions if mom is safe at home alone
- Husband needs help with wife's dementia
- Family seeks mental health services
- Couple requests a home safety assessment
- · Parents struggle with a child's healthcare

The Caregiver Resource Center



For More Information Contact

Linda Ziac, LPC, LADC, CEAP, CCM, CDP The Caregiver Resource Center Greenwich, CT • (203) 861-9833

LindaZiac@CaregiverResourceCenter.com



Concierge Case Management & Advocacy



Serving the Community since 1990

www.TheCaregiverResourceCenter.com 203-861-9833

Healthcare Advocacy

When a person travels to a new place on vacation, they often hire a tour guide. This guide is very familiar with the location, can help focus on key points, while at the same helping to avoid potential trouble spots.

The Caregiver Resource Center's role is similar, in that we guide people of all ages through the often complex and confusing healthcare maze.

We are available 7 days a week by appointment and 24/7 for client emergencies.



Services

- Advocacy
- · Arranging for and Monitoring Care
- · Home Safety Assessment
- · Emergency Medical Advocacy
- Assisting with a Transition (e.g. move to an assisted living facility or short term rehab)
- Referrals to a Specialist (e.g. medical, legal, or financial professionals)
- Family Support & Counseling
- · Insurance Claims Research & Assistance
- Research of Community Resources
- Family Discussions and Issue Mediation
- Crisis Management

Some Benefits of Our Services

The Value of Case Management

SOLUTION FOCUSED

TEAM APPROACH

- · All services are individually designed
- Together we focus on the client's abilities, needs, wishes, and "what-ifs"
- · We are available when you need us:
 - 24/7 for client emergencies
 - 7 days a week by appointment
- CT Licensed & Nationally Certified
- Services are provided in the home, doctor's office, ER, hospital, short term rehab, assisted living, long term care facility, and hospice

Call us today to learn the options and services available, that for 28 years, have helped many find their way through the Healthcare Maze.

For more information contact

Linda Ziac 203-861-9833 LindaZiac@CaregiverResourceCenter.com Case management is a collaborative process consisting of:

- 1. Needs Assessments
- 2. Customized Care Plan (road map)
- 3. Implementation & Monitoring of a Plan
- 4. Modification of the Plan as needed

A multi-disciplinary team approach focuses on the client's:

- · Health and Mental Health
- Activities of Daily Living (ADLs)
- Transportation
- Finances

